EnGold Reports Gold Equivalent Values for 2008-2015 Aurizon South Gold Drill Results

May 19, 2016. Vancouver, BC. David H. Brett, President & CEO, EnGold Mines Ltd., (TSX-V: EGM, "EnGold," www.engold.ca, formerly GWR Resources Inc. GWQ) reports results of 25 drill holes completed between 2008 and 2015 from its 100% owned Aurizon South Gold Project calculated in equivalent gold values to incorporate the significant copper and silver grades into a single gold grade, which has resulted in a considerable increase in the expressed gold grades. For example, AZS08-07 includes a previously published intercept of 14 metres grading 10.36 gpt gold, 1.46% copper & 7.2 gpt silver, which when published as a gold equivalent returns 14 metres grading 12.17 gpt gold, a 14.8% increase in the value attributed to the gold grade.

A full table of the revised results and the formula for calculating the gold equivalent values is provided below. The Aurizon South Gold Project is located within Engold's 18,275 hectare (45,158 acres) Lac La Hache Property in BC's Cariboo region.

"Incorporating Aurizon South's considerable copper and silver values into our published gold grades makes assessing the significance of our drill results a lot easier," said EnGold President & CEO David Brett. "I believe Aurizon South has the potential to develop into a high grade, low cost gold producer, with the copper and silver values having significant impact."

EnGold VP of Exploration Robert Shives, P.Geo., states:

"Drilling at Aurizon South shows high gold (plus copper and silver) grades occur within a near-vertical structure measuring 300m along strike (open), across potentially mineable true widths ranging from 3 to >10 m, to depths of more than 600 m (open). High grades of gold, copper and silver are common, hosted mainly by hydrothermal breccia, related fractures, quartz veins and silicified zones.

Although multi-gram gold values are of primary interest at Aurizon South, considerable additional value is provided by accompanying copper (grades up to several percent) and silver (grades exceeding 20 grams per tonne) as indicated in the tables below, expressed as equivalent gold values. In addition, drill plan maps are available on the corporate website."

Selected core assays 2008 - 2012, Aurizon South Prospect

Previously published assays. **Bolded** figure thresholds: Au >5gpt Cu >1% Ag>5gpt Interval >5m

DDH	E	N	Elev.	Dip	Az	Length	Au	Cu	Ag	Interval	From	To	AuEq*
	NAD 83 Zone 10 m		mASL	Deg	deg	m	g/t	%	g/t	M	m	m	g/t
AZS08-06	617990	5757796	1394.0	60	270	356.60	1.42	0.27	4.10	**10.00**	49.00	59.00	**1.79**
AZS08-07	618090	5757791	1385.0	61	270	387.10	**6.26**	0.87	4.80	**26.00**	316.00	342.00	**7.34**
						incl.	**10.36**	**1.46**	**7.20**	**14.00**	318.00	332.00	**12.17**
						incl.	**15.50**	**1.92**	**7.60**	**6.00**	326.00	332.00	**17.85**
AZS08-10	618090	5757791	1385.0	45	270	315.50	0.88	0.23	2.30	**34.00**	231.00	265.00	**1.18**
						incl.	3.50	0.59	**8.00**	4.00	261.00	265.00	**4.30**
AZS09-12	617968	5757616	1405.0	60	270	593.40	2.30	0.35	2.60	4.00	510.00	514.00	**2.75**
AZS09-15	618116	5757816	1374.0	61	270	593.40	**5.98**	**1.19**	**5.30**	**8.00**	432.00	440.00	**7.45**
AZS09-16	617856	5757618	1423.0	60	270	358.70	2.45	**4.60**	**30.90**	2.00	140.00	142.00	**8.26**
AZS09-20	618166	5757860	1359.8	65	270	666.50	**26.30**	0.01	**51.60**	3.00	450.00	453.00	**27.02**
AZS10-21	617849	5757785	1403.0	-89	0	876.10	3.12	0.59	2.02	**26.40**	481.60	508.00	**3.84**
						incl.	**6.70**	0.65	1.50	**6.00**	484.00	490.00	**7.48**
						incl.	**5.20**	**3.20**	**8.30**	2.00	500.00	502.00	**9.06**
						incl.	**6.50**	0.57	3.90	2.00	506.00	508.00	**7.22**
							5.10	0.87	**8.40**	**10.00**	590.00	600.00	**6.23**
						incl.	**8.35**	**1.57**	**29.40**	2.00	598.00	600.00	**10.59**
AZS10-23	617862	5757867	1386.3	70	150	419.70	**6.95**	0.27	1.50	2.00	311.00	313.00	**7.29**
AZS10-25	617842	5757852	1390.8	70	150	413.60	**9.66**	**2.64**	3.40	2.00	371.00	373.00	**12.80**
AZS10-26	617825	5757925	1381.7	70	150	550.70	**5.25**	**1.23**	**18.10**	2.00	460.00	462.00	**6.94**
AZS11-29	617786	5757740	1412.0	55	110	287.50	3.40	**3.60**	**19.00**	**8.00**	227.00	235.00	**7.87**
						incl.	**5.70**	**6.50**	**35.40**	4.00	229.00	233.00	**13.79**
						incl.	**8.38**	**9.30**	**48.10**	2.00	229.00	231.00	**19.93**
AZS11-30	617786	5757740	1412.0	75	110	452.00	4.88	**1.44**	**6.90**	2.00	337.00	339.00	**6.66**
							2.90	0.86	**5.30**	**6.00**	351.00	357.00	**3.98**
AZS12-33	617932	5757475	1423.0	70	290	417.20	3.40	0.92	**5.20**	**12.00**	291.00	303.00	**4.55**
						incl.	**6.70**	**1.70**	**9.80**	**6.00**	294.00	300.00	**8.82**
						incl.	**6.63**	**3.05**	**16.90**	3.00	294.00	297.00	**10.43**
AZS12-34	617723	5757763	1413.7	75	110	672.60	0.42	0.30	1.66	**172.00**	435.00	607.00	**0.79**
						incl.	2.00	**1.53**	**8.70**	**12.00**	593.00	605.00	**3.91**
						incl.	3.29	**3.99**	**30.40**	2.00	599.00	601.00	**8.38**

Selected core assays 2015, Aurizon South Prospect

Previously published assays. **Bolded** figure thresholds: Au >5gpt Cu >1% Ag>5gpt Interval >5m

DDH	E	N	Elev.	Dip	Az	Length	Au	Cu	Ag	Interval	From	To	AuEq*
	NAD 83 Zone 10 m		mASL	deg	deg	m	g/t	%	g/t	m	m	m	g/t
AZS15-42	617778	5757717	1418.5	-55	110	276.15 m	2.87	0.26	**12.12**	2.00	36.55	38.55	**3.34**
						incl.	2.67	0.18	**15.40**	1.50	37.05	38.55	**3.09**
							7.74	**1.26**	**6.53**	**10.00**	195.00	205.00	**9.30**
						incl.	**11.67**	**1.54**	**7.92**	5.00	198.00	203.00	**13.58**
						incl.	**23.00**	**3.42**	**18.10**	0.45	199.50	199.95	**27.25**
AZS15-43	617771	5757745	1413.3	-55	110	279.20	1.32	0.37	2.52	**15.10**	226.90	242.00	**1.79**
						incl.	**5.68**	**1.05**	**9.74**	2.00	235.00	237.00	**7.04**
						incl.	**10.25**	**1.36**	**15.10**	0.95	235.00	235.90	**12.05**
AZS15-44	617744	5757757	1413.0	-55	110	304.80	0.88	0.20	1.17	**11.20**	262.00	273.20	**1.13**
						incl.	3.84	0.19	1.60	1.00	266.00	267.00	**4.08**
AZS15-45	617801	5757786	1402.3	-55	110	297.26	0.78	0.02	2.55	4.00	50.00	54.00	**0.84**
AZS15-46	617800	5757758	1406.1	-55	110	296.27	0.87	0.01	0.15	4.00	134.00	138.00	**0.88**
						incl.	2.14	**1.09**	**5.10**	0.77	171.88	172.65	**3.49**
AZS15-47	617793	5757679	1423.9	-62	110	260.60	**6.66**	0.20	4.60	1.61	55.08	56.69	**6.96**
							0.66	0.21	1.70	**18.40**	202.70	221.10	**0.93**
						incl.	2.10	0.35	3.94	4.10	217.00	221.10	**2.56**
AZS15-48	617751	5757725	1419.6	-55	110	276.15	2.21	0.01	0.20	2.45	78.55	81.00	**2.22**
							1.99	0.60	**7.40**	0.55	85.95	86.50	**2.79**
							1.03	0.34	3.30	0.70	142.10	142.80	**1.47**
							1.70	0.44	2.60	**23.00**	229.00	252.00	**2.25**
						incl.	**10.73**	**1.52**	**11.50**	2.00	242.00	244.00	**12.67**
AZS15-49	617794	5757679	1424.0	-45	110	218.85	**13.40**	0.50	**96.00**	0.83	38.00	38.83	**15.30**
							13.15	0.09	2.00	0.65	72.85	73.50	**13.28**
							10.20	0.87	**37.20**	0.80	160.20	161.00	**11.73**
AZS15-50	617815	5757697	1415.0	-55	110	244.03	0.72	**2.30**	**9.10**	0.50	96.00	96.50	**3.54**
							2.71	0.08	2.08	6.60	139.40	146.00	**2.83**
						incl.	4.30	0.09	3.49	2.44	143.56	146.00	**4.45**
						incl.	**8.79**	0.26	**12.60**	0.74	143.56	144.30	**9.27**
							12.40	0.09	0.90	2.00	210.00	212.00	**12.52**

AZS15-51	617832	5757718	1409.0	-55	110	208.79	2.06	0.38	2.47	1.55	116.15	117.70	**2.54**
						incl.	**6.26**	0.74	**6.70**	0.60	116.15	116.75	**7.22**

Notes

True thickness of the mineralized zone at Aurizon South is variable: assays are reported over drill core intervals.

***** Gold equivalent grade includes copper and silver values. Metallurgical recoveries are assumed to be 100%.

***** Au Eq = Au g/t + (Cu grade x ((Cu price per pound/Au price per ounce) x 0.06857 pounds per ounce x 10000 g per %)) + Ag grade x (Ag price per ounce/Au price per ounce)).

10-day average metal price on May 12, 2016 in $Canadian: Gold $C 1634/ounce, Copper $C 2.79/lb, Silver $C 22.31/ounce

USD to CAD exchange rate: 1$US = 1.28$CA (May 12, 2016)

1 metric tonne = 2204.62 pounds 1 pound = 14.48 troy ounces 1 troy ounce = 31.103 grams

Quality Control/Quality Assurance Program

EnGold Mines Ltd follows procedures which ensure sample security, chain of custody and Quality Assurance/Quality Control (QA/QC) for all drilling and geochemical sampling, conforming to best current industry practices as defined by the Canadian Institute for Mining, Metallurgy and Petroleum (CIM) standards, and required for TSX-listed companies as defined by National Instrument 43-101.

All drill core was logged, photographed and cut in half with a diamond saw. Half core samples were bagged, sealed and sent securely to ALS Canada Ltd in Kamloops for preparation. Analyses were completed by ALS Minerals in Vancouver for Au (30 gram split fire assay, atomic absorption finish, gravimetric finish), Cu (ore grade, aqua regia), Ag (ore grade, aqua regia) and 35 additional elements by 4 acid digestion of a 0.25 g sample followed by an inductively coupled plasma – atomic absorption spectroscopy finish. As part of our comprehensive QA/QC program, one standard, and one in-line replicate were inserted into the sample stream in each group of 20 samples, as well as one or more field blanks in each analytical batch.

Robert B.K. Shives, P.Geo., a Qualified Person as defined under National Instrument 43-101, has reviewed and approved the technical content of this release.

Engold Mines Ltd.
Per/
David Brett, President & CEO
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